



# FRAMEWORK FOR SUCCESS VIRTUAL TRAINING FORMAT

## ABSTRACT

This document identifies the training content of the MYEPI FrameWork for Success virtual sessions. Each series is three months with two two-hours sessions. The virtual training will be in consistent with the online self-pace training. At the end of the sessions, the participants will have discovered their draft mission statement, develop a list of goals, and a list of strength & weaknesses. The fourth module, “The Road to Financial Freedom” is coming.

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Winning Life Game Plan

## Winning Life Game Plan

### FrameWork For Success

The program called “FrameWork for Success” is the vehicle used to reach youth and families with life planning and self-coaching. With help from their life coach, participants and mentors will develop their “Winning Life Game Plan” by creating a personal life plan to provide the individual road map used to navigate through life and help young adults avoid unforeseen pitfalls. The keys to success are awareness and commitment to continuing self-improvement.

### "MetroVoice Youth Entrepreneurs Program"

#### Leadership and Life Planning

#### MYEPI Program Subject Areas

The content shows how success is forever within our reach. The whole person approach focuses on every aspect of your being to support a well lived personal and professional life. The student will find success, like a jewel, has many facets. The student will learn what well rounded success is and how to start their personal mission statement. Most importantly the student learns what is a “HABIT”. Your habits create your paradigm, and your paradigm controls your behavior. The experience of discovery and decision making are invaluable outcomes and will serve the student for years to come.

<i>Virtual Coaching</i>					
Change Your Thinking and Change Your Life					
	<b>INTEREST AREA: SELF-REALIAZATION "In the Spirit of Truth"</b>	<b>MISSION:</b> To realize that we are pure potentiality and that we can take full responsibility of our lives.	<b>OBJECTIVE:</b> To develop habits that supports my mission and purpose in life.	<b>ACTION PLAN:</b> Personal Development Plan—Winning Life Game Plan	<b>NOTES:</b> Self-coaching and mentoring  MS1: discover Life Mission
	<b>Week 1</b>	<b>Week 2</b>	<b>Week 3</b>	<b>Week 4</b>	
M1	Introduction to FrameWork for Success	Change Your Thinking	Change Your Life	Dream Big Dreams	
M2	Decide to be Rich	Take Charge of your life	Commit to Excellence	Put people first	
M3	Think like a genius	Unleash your mental powers	Supercharge your thinking	Create your own future	
M4	Live a great life	Conclusion/Summary	Review	Review	

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It may be said that the M-YEPI program takes the youth on a sort of treasure hunt. The treasure is their mission in life, embodied in them –and only them and only they can unlock the treasure. M-YEPI helps our youth unleash the mission within, enabling them to envision, create, and live their future.

M-YEPI's goals are established and centered on the following strategic objectives:

- To promote youth entrepreneurship and business development
- To promote youth physical & mental wellness
- To promote youth political awareness and engagement
- To promote self-realization
- To promote global awareness & international commerce
- To promote Information Technology skills
- To promote community involvement
- To promote educational preparedness

<b>How to Set and Achieve your Goals</b>					
	<b>INTEREST AREA: INTERNALIZATION "In the Spirit of Action"</b>	<b>Mission:</b> To Take action in securing my mission and goals.	<b>Objective:</b> To initiate activities to securing my mission and goals.	<b>Action Plan: Participate in economic &amp; physical activities to realize my mission &amp; goals.</b>	<b>Notes:</b> Personal action - games & exercise  <b>MS1:</b> Establish a list of goals
	<b>Week 1</b>	<b>Week 2</b>	<b>Week 3</b>	<b>Week 4</b>	
M1	Unlock Your Potential	Decide your Major Goals	Analyze your belief	Clarify your values	
M2	Determine True Desires	Become an expert	Get around the right people	Start at the beginning	
M3	Eliminate Roadblocks	Review your goals	Do something every day	Make a plan of action	
M4	Manage your time	Always remain Flexible	Visualize your Goals	Unlock your inborn creativity	
	Activate your subconscious mind	Persist until you succeed	Summary		

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### FrameWork For Success

After analyzing the external environment and internal resources, you have the information you need to formulate personal, business, and functional strategies of yourself. A comparison of strengths, weaknesses, opportunities, and threats normally is referred to as a SWOT analysis. SWOT analysis helps you summarize the major facts and forecast derived from the external and internal analyses. Strategy formulation builds on SWOT analysis to utilize your strengths in order to capitalize on opportunities, counteract threats, and alleviate internal weaknesses. In short, strategy formulation moves from simply analysis to devising a coherent course of action.

<b>Find Your Strengths and Weaknesses</b>					
	<b>INTEREST AREA: Self-Awareness "In the Spirit of Life"</b>	<b>MISSION: To become personal aware of myself to impact my mission and goals</b>	<b>Objective: To initiate activities to understanding myself and my mission and goals.</b>	<b>Action Plan: Participate in self-analysis activities to realize my self-awareness and my mission &amp; goals.</b>	<b>Notes: Personal SWOT analysis and self-assessment</b>
	<b>W1</b>	<b>W2</b>	<b>W3</b>	<b>W4</b>	
<b>M1</b>	ACHIEVER ACTIVATOR.	ANALYTICAL ARRANGER.	COMMUNICATION COMPETITION	CONNECTEDNESS CONTEXT.	
<b>M2</b>	DEVELOPER DISCIPLINE.	FAIRNESS FOCUS.	Ideation INCLUSIVENESS.	INPUT LEARNER	
<b>M3</b>	MAXIMIZER RELATOR	RESPONSIBILITY. RESTORATIVE.	SIGNIFICANCE STRATEGIC.	EMPATHY WOO	
<b>M4</b>	ADAPTABILITY Self-Assurance	FUTURISTIC. DELIBERATIVE	INDIVIDUALIZATION BELIEF.	INTELLECTION POSITIVITY.	

## **THE LAST WORD ON STRENGTHS**

### **What does a strength look like?**

- It looks like consistent, near-perfect performance.

### **Which three ingredients combine to create a strength?**

1. Talents. Because you are so close to your own talents, talents are most effectively measured by personality profiles such as the Clifton StrengthsFinder, Myers-Briggs, and the Kolbe Cognitive Index. Talents are innate.
2. Skills. Skills are learned.
3. Knowledge. Knowledge is attained.

### **What does one of your strengths actually feel like to you?**

- When you do it, you feel effective-the S of SIGN.
- Before you do it, you actively look forward to it-the I SIGN.
- While you are doing it, you feel inquisitive and focused-the G of SIGN.
- After you've done it, you feel fulfilled and authentic-the N of SIGN.

**So, to identify your own strengths, pay close attention to how specific activities make you feel. Your feelings reveal your strengths.**